

## BREAKFAST

Served until 12 noon

### Full English Breakfast 8.95

Local British pork sausage, bacon, hash brown, fried egg, slow roasted tomato, baked beans, mushrooms & toast

### Veggie Breakfast V 8.25

Vegan sausage, baked beans, slow roasted tomato, hash brown, mushrooms, fried egg & toast. (Make it vegan, swap the egg for smashed avocado)

### Scrambled eggs & mushrooms in a warm ciabatta V\* 5.50

### Sausage or bacon with a fried egg in a warm ciabatta\* 6

## EGGS

### Any style on toast V\* 5

### Benedict\* 7.50

Toasted muffin, poached eggs, bacon & hollandaise

### Royale\* 8

Toasted muffin, poached eggs, smoked salmon & hollandaise

### Florentine V\* 7

Toasted muffin, poached eggs, seasoned fresh spinach & hollandaise  
Add bacon +2.40

### Huevos Rancheros V 6.5

Warm tortilla topped with crispy potatoes, salsa & fried egg  
Add bacon or smoked salmon +2.40

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## ON SOURDOUGH

### Avocado with Poached Egg Feta & Chilli Flakes V\* 7.25

### Scrambled Eggs Tomato Salsa & Guacamole V\* 6.75

### Smoked Salmon & Scrambled Eggs\* 8

## AMERICAN STYLE PANCAKES OR BELGIAN WAFFLES

### Fresh fruit, Natural Yoghurt & Honey V 6.50

### Streaky Bacon & Maple Syrup 7

## BAKERY & BOWLS

### Granola with natural yoghurt, fresh fruit & berry compote V 5

### Sliced Toast & Preserves\* V 3.25

### Toasted Sourdough & Preserves V 3.95

### Toasted Teacakes & Preserves V 3.75

## SANDWICHES

Served 12-5pm

### Pulled Cajun Chicken Bun\* 8.25

Baby gem & 'slaw in a toasted pretzel bun

### Club Sandwich\* 8.75

Grilled chicken, smoked back bacon, egg mayonnaise, cheese & lettuce stacked between toasted bread

### Baked Bhaji Bun VE\* 8

Homemade baked bhaji, pickled cabbage, garlic mayonnaise & sweet chilli in a toasted pretzel bun

### Grilled Halloumi Bun V\* 8.25

Halloumi with sriracha mayo, lettuce, tomato & onions in a toasted pretzel bun

All served with a salad garnish

Add fries\* +2  
Add sweet potato fries +3

### Fish Finger Stack 8.75

White sliced bloomer layered with breaded cod goujons, peppery rocket & tartare sauce

### Milano Ciabatta\* 9

Milano salami, prosciutto, buffalo mozzarella, rocket & sliced olives in a toasted ciabatta

### Mediterranean Ciabatta VE\* 7.5

Lettuce, tomatoes, red onion, peppers & olives with tzatziki in a toasted ciabatta  
Add chicken +3

## STARTERS & SHARERS

Served 12-9pm

### Hand Stretched Garlic Bread VE 5.5

Topped with rocket  
Add cheese +1.50

### Southern Fried Chicken 6.95

Spring onion & house 'slaw  
Add waffle +1.50

### Dirty Fries\* 6.25

Seasoned fries with cajun chicken, jalapenos and cheddar topped with guacamole & salsa

### Pulled Chicken Taco GF 6.95

Chilli & shallot

### Spiced Cod Tostada 7.50

Mango & lime salsa

### Garlic Mushrooms on Sourdough VE\* 6.75

Shallots & parsley

### Halloumi Fries V 6.75

Tzatziki  
Add bacon crumb +1

### Pitta Bread VE 5.5

Trio of hummus, guacamole & salsa

## SIDES

Seasoned Fries 4  
Plain / Oregano / Paprika Salt / Curry Salt

Pitta with hummus, salsa & guacamole VE 5  
Thick cut chips 4  
Sweet potato fries 5  
Garlic Ciabatta VE 4  
Cheesy garlic ciabatta V 5  
Salad bowl VE 5  
Olives VE 4

## MAINS

Served 12-9pm

### 10oz Rump Steak\* 17.50

Sautéed wild mushrooms, grilled tomato & thick cut chips  
Add a sauce GF +2  
Choose from: peppercorn / blue cheese & bacon / chef's own gravy

### Pan Fried Seabass 17

Roasted peppers, tomatoes, red onion & garlic on a bed of warm orzo pasta, topped with roasted tomatoes & pesto

### Authentic Butter Chicken Curry\* 13.50

Basmati rice, baked onion bhaji & flatbread

### Mixed Bean Chilli VE GF 12.75

Homemade mixed bean chilli served on a bed of rice with salsa & guacamole

## PIZZAS

5 - 9pm Mon to Fri  
12 - 9pm Sat & Sun

All of our pizzas are homemade & hand stretched

### Confit Duck 13.95

Caramelised red onion, creamy goats cheese & slow cooked confit duck

### Margherita V 11.50

Buffalo mozzarella & pesto

## BURGERS

Served 12-9pm

### House Burger 12.50

Prime 7oz beef patty char grilled and topped with smoked bacon & Emmental, served on a pretzel bun with lettuce, tomato, sliced gherkin & house sauce

### Moving Mountain Burger VE 12.50

Plant based patty topped with rocket & sautéed mushrooms

### Butter Chicken Burger 12.50

Chicken breast marinated in a rich curry marinade and topped with garlic aioli, baked bhaji & pickled cabbage

### Cod & Chips 15

Navigation beer battered cod, thick cut chips, homemade mushy peas & tartare sauce

### Beef Lasagne 12.75

Traditional beef bolognese and béchamel served with garlic flatbread & dressed side salad

### Wild Mushroom & Confit Duck Risotto GF 16

Parmesan crisp & garlic oil

### Wild Mushroom Risotto VE GF 12.75

With garlic oil

### House Salad VE 9

Seasonal salad with orzo pasta, toasted pine nuts & a drizzle of our very own honey & mustard dressing  
Add Chicken +3 / Add Halloumi +4  
Add Sliced Rump Steak +5

### Spicy Cajun 13.50

Slow cooked pulled cajun chicken, peppers & jalapenos

### 4 Cheese 12.95

Mozzarella, cheddar, parmesan & goats cheese

### Deli 13.95

Milano salami, prosciutto, chorizo & buffalo mozzarella

### The Meaty Burger 13.95

Prime 7oz beef patty with sliced chorizo, milano salami & buffalo mozzarella

### Naked Burger 11

Beef patty GF, vegan patty or marinated chicken breast GF with a large salad (no fries or bun)

All Burgers served with house fries  
Upgrade to sweet potato fries or thick cut chips +1  
Add avocado or bacon +2

V vegetarian / VE vegan / GF gluten free / \* gluten free option

Allergen information is available on request for all our dishes - please ask the team and be sure to inform server if you have any allergies

## DESSERTS

**Flourless Chocolate Cake GF** 6.75  
Delicious and moist chocolate cake served with raspberry sauce, ice cream & fresh strawberries

**Brownie Bites** 6.75  
Goey dark chocolate brownie bites served with salted caramel dipping sauce & vanilla ice cream

**New York Cheesecake** 6.75  
Creamy baked vanilla cheesecake served with pouring cream & strawberries

**Sticky Toffee Pudding** 6.75  
An all time favourite... Served with butterscotch sauce & vanilla ice cream

## HOT DRINKS

**Coffee**  
Americano 2.90  
Café Latte 3.20  
Mocha 3.40  
Espresso 2.50  
Double Espresso 2.80  
Cappuccino 3.20  
Macchiato 2.80  
*Add a syrup to any coffee 70p*

Babyccino (frothy milk) 1.75  
Babychoc 2  
*Add marshmallows for 50p*

**Teas**  
English Breakfast 2.80  
Earl Grey 2.80  
Peppermint 2.90  
Mixed Berry 2.90  
Green Tea 2.90

**Hot Chocolate** 3.20  
*Add marshmallows, cream & chocolate shavings for 75p*

**Floater Coffee** 3.50  
Americano with cream

*Add your favourite spirit or liquor +3*  
Whisky, brandy, Baileys Amaretto, Frangelico or Kahlua

## DAIRY ALTERNATIVES

Soya, Oat & Almond Milk +30p

## GRILL NIGHT

Wednesdays

5 - 9pm

## COCKTAILS & FIZZ

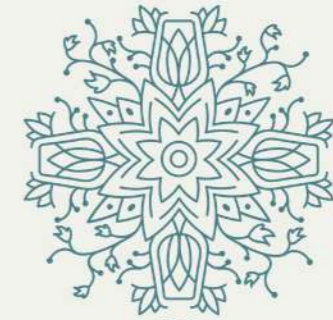
Thursdays

from 5pm

## SUNDAY ROAST

Sundays

12 - 6pm



THE  
OLD FLOWER SHOP

KITCHEN

## HOMEMADE CAKES & BAKES

Please ask your server for today's selection of fresh homemade cakes and bakes

## JOIN

→  
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